

SNUGSCENT

NATURALLY



LAVENDER OIL

THIS IS ONE OF THE MOST POPULAR ESSENTIAL OILS FOR SLEEP DUE TO ITS CALMING AROMA AND SEDATIVE PROPERTIES. IT HAS A SOOTHING, CALMING EFFECT ON THE BODY AND CAN HELP WITH INSOMNIA AND STRESS.

CHAMOMILE OIL

CHAMOMILE OIL IS KNOWN TO HELP REDUCE MILD ANXIETY, RESTLESSNESS, AND IRRITABILITY. IT CAN ALSO BE USED AS A NATURAL SLEEP AID TO INDUCE RELAXATION AND REDUCE RESTLESSNESS.



VETIVER OIL

VETIVER OIL HAS CALMING EFFECTS ON THE MIND, BODY, AND SPIRIT. IT IS KNOWN TO HELP RELIEVE STRESS, TENSION, AND ANXIETY. ITS SEDATIVE PROPERTIES MAKE IT A GREAT CHOICE FOR THOSE LOOKING FOR A NATURAL SLEEP AID.

YLANG YLANG OIL

THIS ESSENTIAL OIL IS KNOWN TO REDUCE STRESS AND TENSION, AS WELL AS PROMOTE RELAXATION. IT CAN HELP YOU TO FALL ASLEEP FASTER AND STAY ASLEEP LONGER.



CEDARWOOD OIL

THIS OIL HAS A WOODY AND SWEET AROMA WHICH IS KNOWN TO HELP WITH INSOMNIA, ANXIETY, AND STRESS. ITS CALMING PROPERTIES CAN HELP YOU GET THE RESTFUL SLEEP YOU NEED.